

Workplace Culture

Everyone likes to be a Super Hero but sometimes the Super Hero too quickly becomes the Super Villain.

Drama is present in every workplace. We either create drama for ourselves or those around us invite us into their drama. However it occurs, we know when we are in the grip of drama because we are distracted from our work and feel strong emotions that are almost impossible to ignore. Often, drama cause us to see ourselves as “super” in some way. Typically, we feel we are the Super Victim, Super Villain, or Super Hero. In truth, we aren’t really “Super” at all.

You will learn about the cause of drama, its’ three manifestations, and some tips on how to recognize it and avoid it. This presentation is highly engaging and entertaining. Let’s have some super fun together!